



# Games for Improving Affectivity in Youngsters with Intellectual Disabilities

Work package 2 - A2.2

Template for Interviews

# INSTRUCTIONS

## I. Background Information on GIAff4ID

### What is the GIAff4ID Project ?

The GIAff4ID project is based on the idea of breaking stereotypes around sexual education and affectivity of Young Persons with Intellectual Disabilities (YPWIDs) based on the developments of a games-based learning approach. This approach provides high-quality education, and allow to spread information in a way that takes into consideration different abilities and learning needs, by creating content that is customizable to varied abilities, and can be adapted to different backgrounds and contexts. This project will contribute dismantling existing barriers around sexual education for YPWIDs. In this way, YPWIDs are encouraged to take decisions concerning how they relate to their bodies and emotions independently.

### *Partnership*

National Association of Resource Teachers (NART) – Bulgaria (coordinator); European Association of Service Providers for Persons with Disabilities (EASPD) – Belgium; Centro di Ricerche e Studi Europei – Future Business (CRES) – Italy; Asociacio Programes Educatius Open Europe – Spain; Zihinsel Yetersiz Cocuklari Yetistirme Ve Koruma Vakfi (ZICEV) – Turkey; Eyropaiko Institoyto Topikhs Anaptykshs – Greece.

### *Project background*

The issue of sexual health and education in disability is often discussed with the concept of negative liberty, in which rights are expressed as an absence of external restraints or obligations. This means that sexual rights for Persons with Intellectual Disabilities (PWID) are mostly debated in the context of protection from abuse, exploitation, or violence.

While these themes are very important, this type of discourse excludes fundamental aspects that allow PWID to take informed decision on their lives and experiencing their own sexuality. Sexual education is, in this light, a key instrument to enable young PWID to become their own - or their peers'- advocates on the subject, making sure that their voices and needs are heard.

### *Project aims and objectives*

GIAff4ID's general objective is to provide youth workers with adaptable tools to offer relevant Sexual and Affectivity education to YPWID. The materials developed will be of relevance because will stem from YPWID's needs and expectations, and will be suitable for different learning abilities.

The aim of this project is to develop games on various themes connected to sexual education like consent, health practices, emotions and affectivity, and physical changes. This games-based learning approach allow to take into account of different learning abilities, and will be accompanied by on instructional materials for their implementation, with the goal of fostering inclusion and awareness on the subject.

In order to make sure that young PWID's needs are met, and that the activities of the projects fit their requirements, it is important to include their participation as much as possible, while training youth workers on how to best implement the materials created. Starting from the everyday experiences on the subject of Sexual Education of young PWIDs, the objective is to create inclusive and adaptable materials for youth workers that want to engage them on the subject.

### Target group – main beneficiaries

- ♦ Youth workers, Community workers
- ♦ Caregivers' associations/organizations
- ♦ Young Persons with Intellectual Disabilities
- ♦ Families of Young Persons with Intellectual Disabilities
- ♦ Community associations

## **Why interview YPWID by youth workers in the context of GIAff4ID?**

This is essential in order to directly involve YPWIDs and youth workers in the project. It also helps to create a sense of ownership that ultimately promotes the dissemination, impact and sustainability of the project. In particular, conducting these interviews:

- It allows for the collection of crucial information and a more in-depth analysis of the sex education themes that are fundamental to YPWID;
- It helps to disseminate the project among youth workers and other stakeholders who may be interested in further activities within the project;
- It helps to achieve the desired impact by making GIAff4ID relevant to the needs of the target groups;
- It contributes to the creation of a network of experts who can support the development of the whole project and further exploit its results.

## **II. Process of the interviews**

### **Who can conduct the interview/ be interviewed?**

Each partner will select two youth workers to conduct the interviews. These youth workers should have demonstrated their interest and motivation to participate in the project and should be familiar with the themes and general objectives of the project. Each partner is responsible for informing the youth workers about the project.

In total 6 YPWIDs will be interviewed. Among them, gender balance should be respected as well diversity in sexual orientation so as to promote full inclusion. YPWIDs should be aged 12-17 years so as to capture the project's target group. Each partner will monitor the results of the interviews and ensure that this document is properly completed. Together with the desk research, the interviews are crucial support material for the further activities of the project, including the elaboration of the national and European report, as well as for the development of the toolkit.

## How to conduct the interview?

The interview can be conducted either in person or remotely. In the first case, read carefully the questions before the interview in order to be prepared for eventual clarifications that the interviewee may need on the Project. In the second case, it is possible to send the template by e-mail or conduct a voice/video interview. When sending it by email, fill in the 'Contact' field. When conducting it by voice/video interview, it is advisable to first check the technical requirements.

The material below serves as a guidance to the interviewer. Flexibility is recommended. It is possible to use different methods in order to accommodate your interlocutor's needs.

## Objectives of the interview

**The objective of the interview is to collect needs, expectations, and levels of knowledge on the subject on the topic of Sexuality and Affectivity by YPWID.** The interview's results will serve as support working materials to develop other deliverables of the project, including a European and National reports, as well as the Toolkit.

The interview will take around 60 minutes

## Consent Forms & Recording

**The interviewer and the interviewee must before any further steps duly complete the consent forms.**

**The data collected and this supporting material may not be used for any purpose other than internal data collection to support the creation of the deliverables under this GIAff4ID project.**

If you plan to record the interview, make sure to first inform the interviewee and ask him/her to sign in the data protection and image release policy templates.

## Reporting the interviews

When the interview is conducted in person or via voice/video conference, the interview may be conducted in English or in the language of the country. The report of the interview however has to be transcribed in English. Full interview transcripts are not a necessary requirement, it is however recommended to transcribe at least key passages of the interviews. Make sure that no relevant piece of information provided by the interviewee is omitted in the template.

## Adapt the interviews to your interlocutor

The background of the interviewee has to be taken into consideration for the involvement into this activity. Underline which is his/her experience and expertise and what contribution can be relevant for the development of the project's activities.

## Involve the interviewee in other Project's activities

At the end of the interview, ask the interviewee to take part in other Project's activities.

## Disclaimer

The study is implemented under the Games for Improving Affectivity in Youngsters with Intellectual Disabilities (GIAff4ID) project, co-funded from the Erasmus+ Programme (Project Number: 2022-1-BG01-KA220-YOU-000087092).

The European Commission support for the production of this publication does not constitute endorsement of the contents which reflects the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

Project n: 2022-1-BG01-KA220-YOU-000087092



# **CONSENT FORMS**

**I. Consent Form for the Interviewer**

**II. Consent Form for the Interviewee/ Their Parents**

## Consent to take part in GIAff4ID interviews

Project title: GIAff4ID - Project n: 2022-1-BG01-KA220-YOU-000087092

Project partner name:

Interviewer name:

The purpose of the interview is to collect crucial information and to conduct a more in-depth analysis on sexual education and affectivity themes that are fundamental for YPWID.

The study is implemented under the Games for Improving Affectivity in Youngsters with Intellectual Disabilities (GIAff4ID) project, co-funded from the Erasmus+ Programme (Project Number: 2022-1-BG01-KA220-YOU-000087092).

I understand and consent to the use of the recording by the GIAff4D Consortium for internal purpose only.

I understand that the information and/or recording is for research purposes only and that they will not be used for any other purpose. No personal data will be used for the study.

I understand that participation in this study is voluntary and I agree to immediately raise any concerns or areas of discomfort during the session. Please sign below to indicate that you have read and you understand the information on this form and that any questions you might have about the session have been answered.

Date: \_\_\_\_\_

Name: \_\_\_\_\_

Signature: \_\_\_\_\_

We kindly thank you for your participation.



## Consent to take part in GIAff4ID interviews

Project title: GIAff4ID - Project n: 2022-1-BG01-KA220-YOU-000087092

Project partner name:

Interviewer name:

Parent(s) name:

The purpose of the interview is to collect crucial information and to conduct a more in-depth analysis on sexual education and affectivity themes that are fundamental for YPWID.

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Please sign below to indicate that you have read and you understand the information on this form and that any questions you might have about the session have been answered.

Date: \_\_\_\_\_

Name: \_\_\_\_\_

Signature: \_\_\_\_\_

We kindly thank you for your participation.

# QUESTIONNAIRE FOR THE INTERVIEWER

## I. General Information

### General Information Questionnaire

This questionnaire can be completed only once.

It will allow the consortium to know better about the interviewer's professional background

## II. Specific Information

### Specific Information Questionnaire

This questionnaire has to be completed for each interview separately.

## I. General Information

Name of the interviewer:

Age:

Sexe:

Name of the interviewer's organization:

Field of activity:

Number of workers of the organization:

Position of the interviewer in the organization:

Years of experience within the organization:

Background/experience in relation with the topic:

Perception of the Project's objectives and potential positive impact:

**Question 1:** What do you think can help fostering YPWID speaking up for their needs and expectation on sexual and emotional relationships?



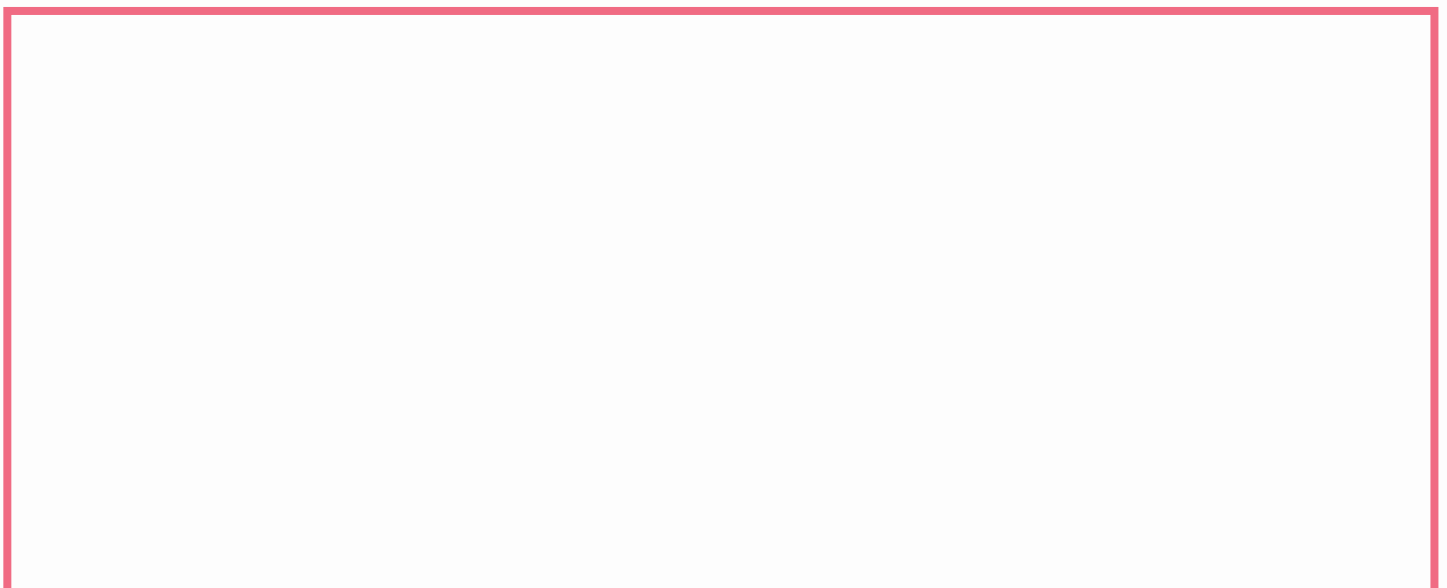
**Question 2:** What do you think could improve fostering self-advocacy of YPWID?



**Question 3:** As a youth worker, do you think you have the sufficient training, information and material on sexual education and affectivity of YPWID to support them and promote a shift away from the negative narrative that surround sexuality of YPWID?



**Question 4:** : Do you think that the development of materials, based on information reported during this interview could help you improving your knowledge?



## II. Specific Information

**Question 1:** What were the main difficulties encountered while proceeding to the interview?



**Question 2:** What are the main topics that you think the respondent lacks in terms of knowledge? What were the main themes where you felt that the respondent was unprepared?



# INTERVIEW

Interview n°

Name of the interviewer

Name of the interviewee

Age of the interviewee

Sex

Country

# QUESTIONNAIRE FOR THE INTERVIEWER

## Reminder

Start by asking the interviewer to present, in his/her own word the GIAff4ID project and the objective of the interview to the interviewee.

For that, the interviewer can use the information presented at the beginning of the document. He/she can also count on the active participation of the Partner in case of question/doubts.

Please ask the interviewer to adapt him/herself to the needs of his/her interlocutor.

Please refer to any preliminary steps that are mentioned in the 'instructions' section at the beginning of this document.

Then, please ask the interviewer to proceed to the interview. Please ask the interviewer to ask the following questions to the interviewee.

Please keep in mind that the main objective behind these questions is to collect information on the needs, expectations, and levels of knowledge on the subject on the topic of Sexuality and Affectivity by YPWID. The questions aims at :

- On the one hand, identifying the respondent perception of his/her sexuality in society. The main objective here is to show and promote the importance of giving a voice to PWDs themselves & to foster YPWID speaking up for their needs and expectation on sexual and emotional relationship.
- On the other hand, to identify themes and development of tailored information on the topic of sexual education and affectivity of YPWIDs.



**Question 1:** Have you ever had a sex education class?



**Question 2:** Who have you already talked to about sex?



**Question 3:** Who do you feel safe talking to about sex?



**Question 4:** Are there moments when you would like to ask questions about sex, but are afraid to do so?



**Question 5:** Do you think it is important to talk about sexuality with young people? Why?



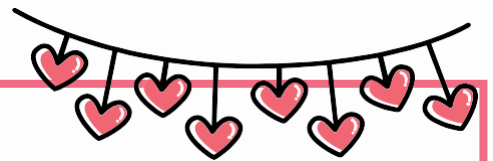
Empty rectangular box for writing the answer to Question 5.

**Question 6:** How would you like to be talked to about these topics?



Empty rectangular box for writing the answer to Question 6.

**Question 7:** What is the difference between friendship, love and sex?

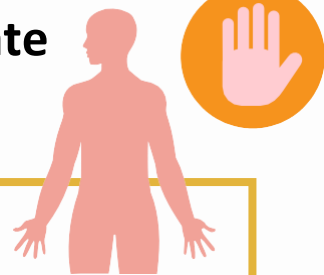


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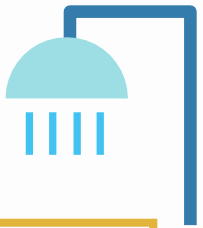
**Question 8: What does sexuality/ sex means for you?**



**Question 9: Draw the part of your body that are private and that cannot be touched without your permission**



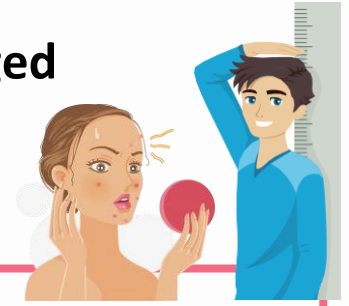
**Question 10:** What do you have to do to keep these parts clean?



**Question 11:** Do you know these words? Do you think there are related to sexuality/ sex ?

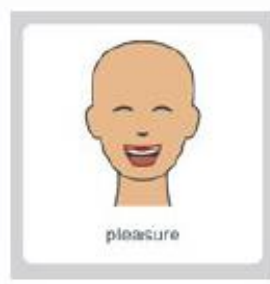
Your body	Your gender identity	Masturbation	
Your sexual orientation	Sexual Activity	Sexual Desires	
I don't know?	Do you think about another word?	<div style="border: 2px solid black; width: 155px; height: 107px;"></div>	

**Question 12:** Have these parts of your body changed since your childhood? Do you talk about these changes with anyone?

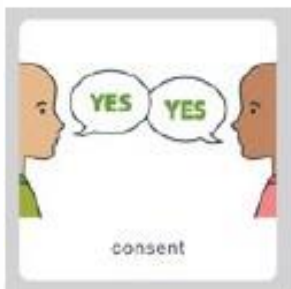


**Question 13:** What does sexual pleasure mean? Have you already discuss about that with someone?

**Question 141:** Select the images - What is sexual pleasure?



Draw what you think is missing







**Question 15:** Do you know what does sexual orientation and gender mean?







**Question 16:** About gender identity... Select how do you recognize yourself?



Man	Woman	Nobody	You don't know
			

**Question 17:** About sexual education... Do you know whether you love:




Man	Woman	Nobody	You don't know
			


**Question 18:** Can you talk about these questions with someone? Do you feel listened to?



**Question 19:** Where do you learn about feelings, relationships between boys and girls, about the behavior of boys and girls?

**Question 20:** Select the answer(s) - With whom can you have sexual relations with?

Yourself  


With someone else  


**Question 21:** Do you know what consent means?



**Question 22:** When does consent need to be given?

**Question 23: Who and when can someone touch your body ?**



**Question 24: Do you know what masturbation means?**



**Question 25: Do you know how to react based on your sexual feelings?**



- Do you have the right to touch your own body?
- Do you have the right to do it in private or public space?
- When do you have the right to touch somebody in a sexual way?
- Are there some persons you cannot have sex with?

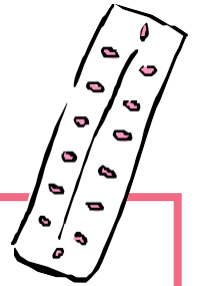


**Question 26:** Do you know when sex is safe?



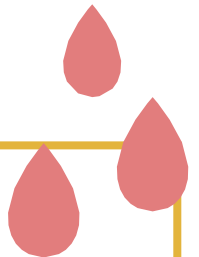
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**Question 27:** Do you know what contraception means?  
Do you have examples



Empty rectangular box for the answer to Question 27.

**Question 28:** Do you know what menstruation means?



Empty rectangular box for the answer to Question 28.

**Question 29:** Do you think it is needed to go to the doctor to talk about sex/ check your private parts?

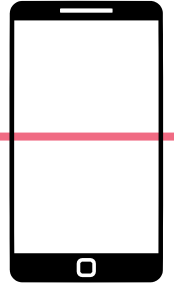


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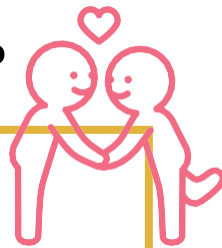
**Question 30:** Do you know what early pregnancy means?



**Question 31:** Do you know what sexting means?



**Question 32:** When do you think a relationship is healthy?



**Question 33:** What does it mean for you to have respect in a relationship? Is it only for loves ones or also for friends and sexual partners?

**Question 31:** Do you think you can express yourself freely and easily on these topics??



A large, empty rectangular box with a yellow border, intended for the user's response to Question 31.

**Question 32:** What do you do when you don't know things about sex? Would you like more support?



A large, empty rectangular box with a pink border, intended for the user's response to Question 32.

**Question 33:** What could help you express more your opinion & needs on this topic ?



A large, empty rectangular box with a yellow border, intended for the user's response to Question 33.

Is there anything you want to add?



**THANK YOU**



**GIAff4ID**



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